

GREATER BOSTON GASTROENTEROLOGY

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H. PYLORI BREATH TEST

You are scheduled for a H.Pylori Breath Test on:

_____ **at:** _____

1. **4 weeks prior to test:** you need to be off of all antibiotics and/or Bismuth type medications. Note: Bismuth medications are Pepto-Bismol and all generic forms.

Date to Stop Antibiotics/Bismuth: _____

Date stopped Antibiotics/Bismuth: _____

2. **2 weeks prior to test:** you need to be off of proton pump inhibitors (PPI).

PPI include:	<u>Generic Name</u>	<u>US Brand Name</u>
	Omeprazole	Prilosec
	Lansoprazole	Prevacid
	Rabeprazole	Aciphex
	Sucralfate	Carafate
	Esomeprazole	Nexium
	Pantoprazole	Protonix

Date to Stop PPI: _____

Date stopped PPI: _____

3. **Day of Test:** *Nothing to eat or drink for 6 hours prior to test.*

Note: You can continue to take H2 Blockers, such as Tagamet, Zantac, Axid, Ranitidine and Pepcid and Antacids, such as Maalox, Rolaid, Tums, Mylanta, and Gelusac.

It is critical that you follow all of the above instructions for the test to accurately determine if you are infected.

****PLEASE BRING THIS FORM TO YOUR TEST****

BLUE CROSS / TUFTS & MASS HEALTH - DO NOT COVER THIS TEST