

GREATER BOSTON GASTROENTEROLOGY

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PREPARATION FOR ERCP - (Endoscopic Retrograde CholangioPancreatography)

You are scheduled for an **ERCP** on: _____ at: _____.

Please report to the location checked below at: _____.

- ***MetroWest Medical Center***
67 Union Street
Surgical Daycare / 3rd floor
Natick, MA 01760
- ***MetroWest Medical Center***
115 Lincoln Street
Endoscopy Dept. 1st Floor
Framingham, MA 01702

Please read the materials in this packet as soon as you get them - do not wait until the day of your test. This is important because your preparation begins one week before the day of your test.

1. It is extremely important that you make arrangements to have a responsible adult available to take you home after your procedure. **You may not drive yourself home after the test.** If you take a cab, someone must ride home with you in the cab (in addition to the cab driver). This is a policy that is strictly enforced for your safety. No exceptions are made unless you plan to undergo the procedure without sedation. If you wish to do this, you should discuss with your doctor in advance.
2. You must have the entire day off, no working, no driving, and no plans. You will receive sedatives for your procedure. As you recover from the sedatives, you should not go back to work or school and you should not make important decisions. If you normally care for children or disabled relatives, get help with these responsibilities on the day of your test.
3. Please bring with you to your procedure a list of all of your current medications.
4. **A \$50.00 cancellation fee will be billed directly to the patient for any appointment not cancelled with a 48 hour notice.**

When this procedure was scheduled, the insurance on file for you was: _____
If your insurance changes, you must notify the office at 508-620-9200 at least 14 days prior to your procedure.
You will be responsible for any charges due to lack of correct insurance information.

Please follow these instructions completely. If you have any questions please call us.

- 1) If you know that you have a heart murmur or an artificial heart valve, please make sure we are aware of this, as antibiotics are often necessary to prevent infection.
- 2) If you take **Coumadin or Warfarin**, in general it will need to be discontinued five days before the procedure.
- 3) If you take **Plavix**, in general it will need to be discontinued seven days before the procedure.
- 4) **Important** – do not stop taking any medicine that a doctor has asked you to take without talking first with that doctor. He/she may want you to continue to take the medicine even during your preparation for procedure. If this is the case, please let us know as special arrangements, including a possible pre-procedure office visit may be necessary. Your prescribing physician may need to speak to one of our doctors. This is particularly important for patients on insulin or other diabetes medications and those on Coumadin, Warfarin or Plavix. Do not assume that it is safe to stop one of these medications even if you have done so before.
- 5) You should continue taking all other regular medications, even on the day of the examination.
- 6) If you regularly use a CPAP machine for treatment of **Sleep Apnea**, please bring it to the hospital the day of your procedure.
- 7) This procedure is often performed under X-Ray guidance. If you know you are pregnant or think you could be, please notify us prior to the procedure.
- 8) Do not take aspirin, aspirin-containing medications, Ecotrin, Bufferin, Anacin, Advil, Aleve, Nuprin, Motrin, Ibuprofen, other anti-inflammatory medications for seven days prior to the examination. If there is a concern regarding this, please discuss with your prescribing physician. You may take Tylenol or acetaminophen any time before or after the procedure.
- 9) Do not take iron supplementation for seven days prior to the examination. If you take a vitamin every day, check to see if it has iron. If it does, stop taking it for the seven days before your test.
- 10) If you have **Diabetes**, preparing for a procedure involves some temporary changes in your diet. It is important that you know how to adjust your insulin or your oral medicines during this time.
 - a) On the day before your test, most patients find that they do not need to adjust their **insulin** they normally take during the day.
 - b) If you take **oral diabetes medication** for your diabetes, you should not take it the night before your procedure.
 - c) On the day of your test, you will not be eating or drinking for several hours. If you use **short-acting insulin**, you should not take it on the morning of the test. If you use **longer-acting insulin** in the morning, please take ½ your usual dose.
 - d) If you take an **oral diabetes medication**, please do not take it until after your procedure is over.

If you are unsure about whether to change your medication dose(s) the day/night before the test, please call the doctor who takes care of your diabetes for advice.

- 11) If your procedure is **before noon**, you should have nothing by mouth from midnight on except your essential medications with a sip of water. If your procedure is **after noon**, you can take clear liquids up to four hours before the procedure.

The following items are those that may be used in a **CLEAR LIQUID** diet:

Broth, Bouillon, Ginger ale, Sprite, 7-up, Apple juice, White grape juice, Water, Popsicles, Jell-O (no red or purple colored, no fruit or cream added) Black coffee or tea (may have sugar but no milk or cream)