

GREATER BOSTON GASTROENTEROLOGY

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PREPARATION FOR ERCP - (Endoscopic Retrograde CholangioPancreatography)

You are scheduled for an **ERCP** on: _____ at: _____.

Report to out patient registration at: _____.

- 1. You must have a family member or friend drive you home after the examination due to medications which are given to you during the procedure.**
- 2. You must have the remainder of the day off after your procedure, no working, no driving, and no plans. You will be recovering from the medications used during the procedure.**
- 3. Please bring with you to your procedure a list of all of your current medications.**
- 4. When this procedure was scheduled, the insurance on file for you was:**

If your insurance changes, you must notify the office at 508-620-9200 at least 14 days prior to your procedure. You will be responsible for any charges due to lack of correct insurance information.

Please follow these instructions completely. If you have any questions please call us.

- 1.** If you know that you have a heart murmur or an artificial heart valve, please make sure we are aware of this, as antibiotics are often necessary to prevent infection.
- 2.** Please inform us if you take Coumadin or Warfarin. It will need to be discontinued five days before the procedure.
- 3.** If you take Plavix it will need to be discontinued seven days before the procedure.
- 4.** Please inform us if you take insulin. It will need to be altered for the preparation and the procedure. If you take any pills for diabetes, take one half of your regular dose on the day of the procedure.
- 5.** This procedure is often performed under X-Ray guidance. If you know you are pregnant or think you could be, please notify us prior to the procedure.
- 6.** Do not take aspirin, aspirin-containing medications, Ecotrin, Bufferin, Anacin, Advil, Aleve, Nuprin, Motrin, Ibuprofen, other anti-inflammatory medications for seven days prior to the examination. If there is a concern regarding this, please discuss with your prescribing physician. You may take Tylenol or acetaminophen any time before or after the procedure. Do not take iron supplementation for seven days prior to the examination.
- 7.** You must have a family member or friend drive you home after the examination due to medications which are given to you during the procedure. The ERCP **cannot** be done unless you have arranged for someone to accompany you when you leave the hospital.
- 8.** If your procedure is **before noon**, you should have nothing by mouth from midnight on except your essential medications with a sip of water. If your procedure is **after noon**, you can take clear liquids up to four hours before the procedure.

The following items are those that may be considered a **CLEAR LIQUID: Broth, Bouillon, Ginger ale, Sprite, 7-up, Apple juice, White grape juice, Water, Popsicles, Jell-O (no red or purple colored, no fruit or cream added) Black coffee or tea (may have sugar but no milk or cream)**